



INTERNATIONAL  
ICE HOCKEY  
FEDERATION



# ROLE OF THE COACH



# Role of the Coach

## Learning Objectives

**Coaches will be able to identify and understand:**

- ✓ **Specific roles of the coach as a leader, teacher and organiser**
- ✓ **Leadership styles, qualities and techniques**
- ✓ **Participation motives**





## The coach as a leader:

- Establish seasonal goals and objectives
  
- Define your leadership style
  1. **Autocratic** - leads by authority; is usually inflexible; usually communicates one way; the only authority;
  2. **Democratic** - usually flexible in approach; seeks input; leads using accepted methods; discipline is enforced once rules have been decided ; listens to reason;
  3. **Laissez-Faire** - keeps a very loose rein on participants; does not normally follow a set pattern; has little interest in discipline; is very “laid back”





# The coach as a Leader

- You are a role model
  - in what ways?
- Dealing with parents
  - Examples of effective ways
- Sincere interest in players' development





# The coach as a Teacher

- Teach necessary skills

how will you do this?

- Teach skills in proper sequence and progression

how will you do this?

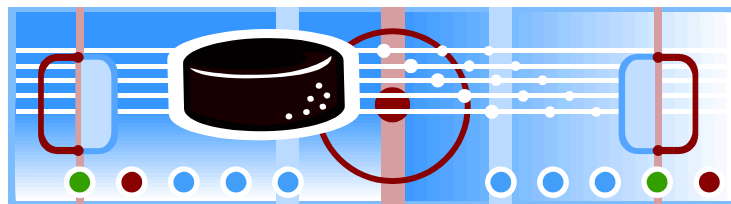
- Using understandable language
- Recognise differences in readiness to learn
- Understand that players develop skills at different degrees





## The coach as a Teacher

TEACH MORE THAN  
JUST HOCKEY SKILLS





# The coach as an Organiser

- Plan effective practices
- Select complimentary assistant coaches

What does this mean?

- Involve parents to help out

How?

- What else might coaches be required to organise?





# PARTICIPATION MOTIVES

## APPROACHES TO COACHING

- **SELF** - wants to receive personal recognition and praise **Goal** ⇒ Winning
- **TASK** - focuses on achieving team's goals; emphasis on teaching of skills  
**Goal** ⇒ Players learning to play
- **SOCIAL** - works at players having fun & learning to play cooperatively  
**Goal** ⇒ Players developing friendships







# PARTICIPATION MOTIVES

## PLAYER MOTIVATION FOR PARTICIPATING

- **SUCCESS** – to receive recognition;
- **FUN** – wants to play for fun, not strongly competitive (house hockey)
- **AFFILIATION** – wants to belong and be members of a team; to be accepted (socialization)
- **SENSATION** – to experience excitement; exciting and sensory experience
- **EXCELLENCE** – to be good; master skills and sport; strong desire to compete





# YOUR IMPACT

**PARENTS**

**COACHES**

**TEACHERS**

